

PROGRAM OF STUDY

Behavioral Health (Certificate of Achievement)

This program will prepare students for entry-level para-professional jobs in human services by: 1) providing a historical context of the human services profession; 2) building hard and soft skill sets to include: interpersonal relationships, cultural competency/humility, active listening, case management, group process, boundary setting, self care, empathy, compassion; and 3) introducing students to fieldwork experience in human services.

Career Opportunities in Behavioral Health

This program is designed to provide entry-level skills to work in human service positions and/or provide an applied foundation for further education in a variety of areas, including (but not limited to) counseling, psychology, social work, social justice work, and health care.

Program Learning Outcomes

1. Cultural Sensitivity – Students will demonstrate cultural awareness and sensitivity needed to respectfully serve the diverse service population
2. Ability to Conduct Needs Assessment – Students will demonstrate the ability to assess the needs of clients and provide appropriate referrals for them.
3. Understanding of the Human Services Field – Students will demonstrate an understanding and provide an overview of the field of human and social services in both the public and private sector.
4. Boundaries: Students will demonstrate appropriate boundaries and the ability to make ethical decisions
5. Self-Awareness: Students will demonstrate the ability to use introspection to increase self-awareness.

Required Core:

	Units
PSCN 5 Introduction to Social Work and Human Services	3
PSCN 85 Fieldwork: Social Work and Human Services	3

List A (Choose one course):

	Units
PSCN 11 Interpersonal Relationships	2
PSCN 12 Self-Esteem For Success	2
PSCN 30 Life Transitions	3

List B (Choose one course):

	Units
PSCN 4 Multiethnic/Cultural Communication	3
PSCN 13 Multicultural Issues in Contemporary America	3

List C (Choose one course):

	Units
PSCN 1 Introduction to Psychology-Counseling in a Multicultural Environment	3
PSCN 2 Introduction to Case Management for Human Services	3

List D (Choose 1-3 units):

	Units
Any course not already used above or	
PSCN 3 Drugs, Recovery and Prevention in Modern Society	3
PSCN 10 Career and Educational Planning	2
PSCN 15 College Study Skills	2
PSCN 18 University Transfer Planning	0.5 - 1
PSCN 20 The College Experience	2
PSCN 21 Strategies for College Success	1
PSCN 22 College Success Series	0.5 - 1.5
PSCN 23 Creating Success in College and Life	3
PSCN 26 College Success and the Chicano Experience	1
PSCN 24 Personal Growth	1
PSCN 28 Orientation for International Students	1
ES 1 Introduction to Ethnic Studies	3
PSY 1 General Psychology	3

SOCI 1

Principles of Sociology

3

Units

Total Units

16 - 18

PID 982